

Health Education Class Syllabus

Mrs. Richard

Classroom Non-Negotiable Policies:

1. Begin each class by being seated when the bell rings! (This means your materials are out and you're ready to start working!)
2. Participate (using appropriate behaviors) in ALL classroom activities as instructed.
3. Come prepared to class...this includes writing utensils, books, notebook, homework, etc.
4. Remain seated until formal dismissal at the end of each class.
5. If a student is absent, THEY are Responsible for picking up work from the absent box. (Get a study hall pass or see me before/after school for help if necessary.)
6. ONLY beverages in a 32oz bottle or smaller with a twist on/off lid allowed in class. *No open containers!*
7. ONLY food items small enough to fit in your front pocket will be permitted in class.
8. Electronic devices are permitted between passing periods and lunch ONLY; Never in class. Don't Ask!
9. SMILE! ☺

Bathroom/Drink/Late-work Policies:

1. Students will be allowed 4 passes for use at their discretion during the semester when a bathroom/drink break is needed **OR** to turn in a late homework assignment for 100% credit. Late-work passes will only be accepted *ONE* class past the original due date. (Passes may NOT be shared!)
2. The pass CANNOT be used for assignments more than one class past its due date nor can it be used for assigned projects for any reason.
3. Bathroom/Drink passes must be used at appropriate times and with teacher discretion
4. ANY remaining passes at the end of the semester will be counted for 10 E.C. pts EACH!

Test Policy:

1. Test format will be mostly short answer and essay questions for application of knowledge to help meet the demands of common core standards.
2. If a student knows they're going to be absent the day of a test, see me ASAP!
3. If a student misses a test day, **TWO WEEKS** will be allowed to prepare and make up the test from the date given before receiving a permanent **ZERO**. (Exceptions for extenuating circumstances will be made under teacher discretion)

Homework Policy:

1. Homework will be collected at the *beginning* of the hour on the day that it is due unless otherwise stated.
2. If student is absent the day homework is due, the student is responsible for turning it in the next day they have class; otherwise it will count as a *ZERO*.
3. The late work policy in the student handbook will be followed for any missing homework. *The only way a student can earn 100% credit on a late assignment is by using one of their HW passes the next class.*
4. **Complete sentences** are required when completing assignments that require writing!
5. ALL class work is to be done on an **individual basis**.
 - Student's who copy someone else's work, who allow others to copy their work or in any other way try to pass off someone else's work as their own will receive a ZERO for the assignment(s) in question and possible administrative consequences.

Health Projects:

1. Throughout the semester students will be assigned *four projects* for which they are responsible for completing. All projects are worth **50 points** and will ONLY be accepted on the due date. *Late projects are not* accepted because students are given between one to two weeks to complete their project.

Health Units:

Unit 1 = Chapters 1 and 2 (Health vs. Wellness and Life-skills)

Unit 2 = Circulatory and Respiratory systems and diseases (includes CPR)

Unit 3 = Muscular and Skeletal systems and diseases/Nutrition

Unit 4 = Drugs and Nervous systems

Unit 5 = Chapters 3, 4, 5 (Mental/Emotional Health, Stress, Suicide/Bullying prevention, Violence Prevention)

Unit 6 = Reproductive systems and STI/birth control methods

Grading:

1. Please see the RTHS grading scale in your student handbook.
2. There will be opportunities for Extra Credit throughout the semester.
3. ALL grades are negotiable. There is a 24 hour waiting period and required reasoning for negotiation of grade. Student must have conclusive evidence in favor of their work in order for a grade to be changed.

Health class will be graded on the following categories using the following percentages:

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|------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| 1. Daily Participation = 25% | Bringing materials, Journal/warm-up, Class notes and discussion, Group work, Test preparation and review, etc. |
| 2. Homework/Projects = 35% | In-class projects and activities, Out of class projects and activities, etc. |
| 3. Tests/Quizzes = 40% | Tests are over 1-3 chapters/sections at a time and small quizzes will be given almost weekly throughout the semester. |
| 4. FINAL EXAM = 15% | Final exam is <i>cumulative</i> and equals 15% of the students <i>total grade</i> at the end of the semester |

*****Passing Health is REQUIRED for graduation from RTHS*****

Classroom Expectations and Consequences:

As sophomores I feel your maturity level allows student expectations for classroom behaviors and consequences to be discussed in class among students and teacher. These expectations will be set up in favor of students based on their self responsibility and actions. If expectations are not being followed or met by students, I as the teacher have the right to turn them into NON-Negotiable policies at ANY time. All set expectations and consequences MUST be approved by the teacher.

*** Extreme behavior(s) or misconduct are punishable by means of the RTHS administration, handbook or other school policies and therefore are not up for discussion.